



Sustainability and Carbon Reduction Policy

1. Introduction

Fields Farm Nature Play & Therapy CIC is committed to environmental sustainability and reducing our carbon footprint. As an organisation that values nature, wellbeing, and community, we recognise our responsibility to operate in an environmentally responsible manner while promoting sustainable practices through our services and activities.

This policy outlines our commitment to sustainability, reducing carbon emissions, and minimising environmental impact across all aspects of our work.

2. Purpose of This Policy

This policy ensures that Fields Farm Nature Play & Therapy CIC:

- Reduces carbon emissions and energy consumption.
- Uses sustainable materials and ethical sourcing.
- Promotes biodiversity and responsible land management.
- Minimises waste and pollution.
- Encourages sustainability education and community engagement.

3. Carbon Reduction & Energy Efficiency

We are committed to lowering our carbon footprint by:

- Reducing energy use: Using energy-efficient appliances and switching off unused equipment.
- Exploring renewable energy: Where possible, using solar panels or sustainable energy providers.

- Minimising transport emissions: Encouraging car-sharing, cycling, and local sourcing of supplies.
- Sustainable buildings: Using eco-friendly materials in site developments and insulation.

4. Sustainable Land & Resource Management

Fields Farm Nature Play & Therapy CIC aims to protect and enhance biodiversity by:

- Practising organic gardening: Avoiding harmful pesticides and promoting soil health.
- Planting native trees and wildflowers: To support pollinators and local wildlife.
- Using low-impact farming techniques: Including no-dig gardening and crop rotation.
- Water conservation: Using rainwater collection, mulching, and efficient irrigation.

5. Waste Reduction & Recycling

We actively work to reduce waste and promote a circular economy by:

- Recycling and composting: Minimising landfill waste by composting organic material.
- Reducing single-use plastics: Encouraging reusable containers, cups, and eco-friendly packaging.
- Upcycling materials: Reusing wood, tyres, and donated items for play areas and projects.
- Sustainable product sales: Ensuring that farm merchandise, produce, and sponsorship items are responsibly sourced.

6. Ethical & Sustainable Procurement

We aim to source sustainably and ethically by:

- Buying local: Reducing transport emissions and supporting local producers.
- Choosing eco-friendly suppliers: Prioritising companies with sustainable credentials.
- Animal welfare commitment: Ensuring ethical treatment of animals in our care.
- Sustainable merchandise: Offering environmentally responsible products for sale.

7. Community Engagement & Education

Fields Farm Nature Play & Therapy CIC promotes sustainability within the community by:

- Delivering workshops on growing food, reducing waste, and biodiversity.
- Encouraging sustainable practices among service users, staff, and volunteers.
- Providing eco-friendly play and therapy sessions that foster respect for nature.
- Partnering with sustainability-focused organisations to share knowledge and resources.

8. Monitoring & Continuous Improvement

To ensure ongoing progress, we will:

- Conduct annual environmental audits to assess sustainability performance.
- Track carbon reduction initiatives and set improvement targets.
- Review and update this policy annually to reflect new opportunities and best practices.

9. Contact Information

For queries about sustainability efforts or collaboration opportunities, please contact:

Emailing: fieldsfarmcic@hotmail.com

Calling: Charlotte – 07584045836 or Kate - 07969472087

Writing to: Directors of Fields Farm Nature Play & Therapy CIC, 1 Fields Farm, Spalding Gate,
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