



## Horticultural & Environmental Policy

### 1. Introduction

Fields Farm Nature Play & Therapy CIC is committed to promoting environmental sustainability and responsible horticultural practices. We believe that engaging with nature through gardening, plant cultivation, and outdoor activities enhances mental wellbeing, biodiversity, and community resilience. This policy outlines our commitment to sustainable land management, eco-friendly horticulture, and environmental responsibility.

### 2. Purpose of This Policy

This policy ensures that Fields Farm Nature Play & Therapy CIC:

- Uses environmentally friendly growing methods to protect soil, water, and biodiversity.
- Minimises carbon footprint and waste through sustainable practices.
- Encourages community involvement in gardening and nature-based activities.
- Provides a safe, inclusive, and educational environment for all participants.

### 3. Sustainable Horticulture Practices

To support biodiversity and environmental health, we commit to:

- No-Dig Gardening
- Preserving soil structure to improve fertility and reduce carbon release.
- Organic Growing Methods.
- Avoiding synthetic pesticides and fertilisers, using natural compost and organic solutions.
- Native & Pollinator-Friendly Planting.
- Prioritising plants that support local wildlife, bees, and butterflies.
- Water Conservation.

- Using rainwater collection, mulching, and drought-resistant plants.

#### **4. Responsible Land & Waste Management**

To minimise environmental impact, we will:

- Compost organic waste to reduce landfill contributions and enrich soil.
- Use sustainable and recycled materials for structures, raised beds, and pathways.
- Avoid burning garden waste, opting for composting or habitat creation instead.
- Practice crop rotation to maintain soil health and prevent nutrient depletion.
- Encourage sustainable pest management, such as companion planting and natural predators.

#### **5. Carbon Reduction & Environmental Responsibility**

We strive to reduce our carbon footprint by:

- Sourcing materials and plants locally to reduce transportation emissions.
- Upcycling and repurposing materials instead of buying new.
- Encouraging low-impact travel, such as walking, cycling, and car-sharing.
- Educating participants on climate-positive gardening practices.

#### **6. Community Engagement & Education**

We promote inclusive horticultural activities by:

- Offering gardening sessions for all ages and abilities.
- Providing education on sustainable growing, food security, and biodiversity.
- Encouraging participants to take home plants, seeds, or skills to grow their own food.
- Partnering with local food banks to donate surplus produce.

#### **7. Reviewing This Policy**

This policy will be reviewed annually to ensure it aligns with best practices in sustainable horticulture and environmental conservation.

#### **8. Contact Information**

For more details on our horticultural and environmental policy, please contact:

Emailing: [fieldsfarmcic@hotmail.com](mailto:fieldsfarmcic@hotmail.com)

Calling: Charlotte – 07584045836 or Kate - 07969472087

Writing to: Directors of Fields Farm Nature Play & Therapy CIC, 1 Fields Farm, Spalding Gate, PE126UF

